Steps in pictures

Cut out a strip and put it where the task happens. Same order every time.

Child _____

Washing hands

cut out

1	2	3	4	5	6
					
water on	soap	rub — count to 20	rinse	water off	dry

What helps:

Brushing teeth

cut out

1	2	3	4	5	6
					
toothpaste	top teeth	bottom teeth	spit	rinse	rinse the brush

What helps:

Getting dressed

cut out

1	2	3	4	5	6
					
underwear	trousers	socks	T-shirt	jumper	shoes

What helps:

Point to the picture instead of talking. Help with one step, then step back.